

Catering Menu



1039 Park Blvd.

Massapequa Park, NY 11762

www.TheGoodLifeNY.com

For all your catering needs please call

(516)500-3311



Jam is available in the evenings after 5pm for Private Parties.

Jam is a great private space for gatherings of 25 to 55 guests.

Ideal for Rehearsal Dinners, Surprise Birthdays, Retirement Parties,

Anniversaries, Holiday Parties, Beer or Wine Paired Dinners

Or any of your catering needs. All Jam events are 4 hour affairs.



Off Premise Trays

Wings

50pc \$50 / 100pc \$100

Any flavor - Buffalo, Buffalo Blue, Garlic Chile, Tikka Masala, BBQ, Spicy Stori, Jamaican Jerk

Chicken Fingers

per dozen \$18

Chicken Cordon Blue Balls

per dozen \$14

Gravy, Cranberry Reduction

Fried Mac & Pepper Jack

per dozen \$20

Cajun Ranch Drizzle

Mashed Potato Wontons

per dozen \$14

Cheddar Cheese, Bacon, Sour Cream Chives

Salads

Good Life House Salad

1/2 Tray \$25/Full Tray \$40

Crumbled Feta, Golden Raisins, Walnuts, Mixed Greens, Honey Balsamic Vinaigrette

Caesar Salad

1/2 Tray \$25/Full Tray \$40

Shaved Parmesan, Croutons, Marinated Olives, Romaine, Caesar Dressing

Cobb Salad

1/2 Tray \$35/Full Tray \$50

Crumbled Blue Cheese, Hard Boiled Eggs, Carrots, Avocado, Cherry Tomatoes, Crumbled Bacon, Mixed Greens, Diced Turkey, House Dressing

Garden Salad

1/2 Tray \$25/Full Tray \$40

Cucumber, Tomatoes, Carrots, Croutons, Shredded Cheddar, Iceberg & Romaine, House Dressing

Buttermilk Fried Boneless Chicken

1/2 Tray \$65/Full Tray \$120

Mashed Potatoes, Crispy Brussel Sprout Leaves, Cider Vinaigrette Drizzle

Chicken Tikka Masala

1/2 Tray \$70/Full Tray \$130

Sauteed Chicken, Indian Spices, Tomato Yogurt Sauce, Jasmine Rice, Pita Bread

Shepherd's Stew

1/2 Tray \$70/Full Tray \$130

Braised Beef, Carrots & Peas, Parsnip Puree, Hash Brown Cheddar Crust, Demi-Glace

Traditional Mac & Cheese

1/2 Tray \$40/Full Tray \$75

3 Cheese Sauce, Cellentani Pasta, Panko Cheddar Crust

Garlic ParmMac & Cheese

1/2 Tray \$40/Full Tray \$75

3 Cheese Sauce, Roasted Garlic Cream, Panko Parmesan Crust

Pulled Pork Mac & Cheese

1/2 Tray \$45/Full Tray \$85

3 Cheese Sauce, Roasted Garlic Cream, Panko Parmesan Crust